

Successful applications of the Neighbourhood Mental Health Prevention Grant

Please find below a list of the organisations who have successfully been awarded a Grant.

Round 1

Name of Organisation	Total Amount awarded	Project outline	Areas of Leicestershire where your target beneficiaries/participants/ service users will live
Home Start South Leicestershire	£51,569.00	<p>Family Post Natal Illness Project - This Project is focused on those families where there is a suspected or diagnosed Post Natal Illness concern relating to one of the main care givers in the family. The specific criteria for referrals to the service are:</p> <ul style="list-style-type: none"> • At least one parent carer with a diagnosis or suspicion of Post Natal Illness which impacts on their parenting ability. • At least one child under 5 years in the family is at risk of developing emotional, social and behavioural difficulties. 	Harborough
Peter le Marchant Trust	£33,600.00	<p>A new and innovative Neighbourhood Waterways Wellbeing Project as part of their strategic "Trust In" programme. This project demonstrably contributes to the NHS's 5 steps to better health and wellbeing. The overall aim is a holistic approach - introducing activities and opportunities for the community by and on the canal to assist in personal empowerment and enrichment; providing space to manage mental, emotional, physical and behavioural disharmony.</p>	Charnwood

Name of Organisation	Total Amount awarded	Project outline	Areas of Leicestershire where your target beneficiaries/participants/ service users will live
Blaby District Council	£61,500.00	The establishment of three mental health and wellbeing cafés in target locations across the Blaby district. The geographic locations – Braunstone Town, Whetstone and Sapcote/Fosse Villages - have been determined to reflect evidence of need. Each café will be based within an accessible community venue most suited to local residents. The cafés will operate on a fortnightly basis over several hours with the days/times to be agreed in consultation with local residents and stakeholders.	Blaby
Leicester, Leicestershire, and Rutland Mind (Part of Coventry and Warwickshire Mind)	£90,950.00	The delivery of our Active Monitoring service across areas of Leicestershire. 'Active Monitoring' is a tried and tested Mind early intervention service designed to improve the mental health and wellbeing of adults. It is a guided self-help programme facilitated by trained and supervised Mental Health Practitioners. It aims to support people to improve their lives by developing key skills and strategies to manage their own health and wellbeing. In collaboration with GPs, Commissioners, Healthcare Professionals, and people with lived experience of mental health problems, Mind developed a packaged resource of evidence-based and clinical tools and materials that can be integrated into all communities.	Countywide (i.e. all across Leicestershire)
Beacon Care and Advice	£38,035.00	This initiative aims to support The Traveller and Gypsy Communities in Market Harborough to access essential services in ways that support the prevention of mental health issues developing or worsening. This service will be headed by a Registered Mental Health Nurse, an Advocate and supported by volunteers from the GRT and settled communities.	Harborough

Round 2

Name of Organisation	Total Amount awarded	Project outline	Areas of Leicestershire where your target beneficiaries/participants/ service users will live
Adhar Project	£80,300.00	<p>Tackling mental health and wellbeing for the BAME communities in Charnwood.</p> <p>Our programmes will include 1-2-1 support sessions and group support sessions through counselling (DBT) and emotional support which will take place in Charnwood (for those with complex and mobility issues we will undertake to support through home visits). Part of the recovery project will also involve holistic support around benefit claims and housing benefit support. Our mission is to tackle and highlight mental health inequalities by delivering initiatives to support groups of from the Charnwood area.</p>	Charnwood
Home-Start Horizons	£79,000.00	<p>Parent Infant Mental Health Project</p> <p>Development and delivery of an enhanced post-natal mental health support programme/pathway (MIMs Plus) for parents, that focusses on mental wellbeing, bonding and attachment with baby, relationship issues, a programme addressing post-natal illness and innovative 'Dad's Matters' support project; utilising online and face to face plus wraparound, home-visiting support, covering most of Leicestershire county. We will extend support to Hinckley District, where there is currently no Home-Start provision and minimal perinatal mental health support.</p>	Blaby, Charnwood, Hinkley & Bosworth, Melton, Oadby & Wigston

Name of Organisation	Total Amount awarded	Project outline	Areas of Leicestershire where your target beneficiaries/participants/ service users will live
Communities Food and Wellbeing Hub CIO	£115,000.00	Emotional and social group wellbeing programme facilitated by Wellbeing GP, Active Social Sign-poster and professionals in a new digital wellbeing hub clinic positioned in a GP surgery to enhance resilience, improve digital access and prevent mental health issues developing through education, signposting and activities upskilling adults, clinicians and reception-administrators.	Charnwood
The Leg UP Project CIC	£88,179.90	<p>The Leg up project seeks to utilise a combination of educational awareness with adventure and outdoor therapy.</p> <p>With the funding they will provide access for individuals to our services across the 4 areas of Measham, Coalville, Castle Donnington, and Ashby De La Zouch. This funding would allow open access across the regions for people to join the project and its courses.</p>	North West Leicestershire
Nottingham Community Housing Association (delivered in partnership with The Bradgate Park Trust)	£54,097.00	The project will be delivered through a programme of nature based, one to one and group activity designed to overcome barriers to participation and increase independence by providing social opportunities that build confidence over time - starting with a volunteer led, informal one-to-one or small group introduction.	Countywide

Round 3

Name of Organisation	Total Amount awarded	Project outline	Areas of Leicestershire where your target beneficiaries/participants/service users will live
Buzzing Roots	£35,524.19	<p>Sisterhood and Brotherhood Project</p> <p>To deliver a project to holistically address the complex mental health challenges and risks faced by vulnerable populations through a series of targeted, community-driven workshops. Braunstone and another location: empowering women out of work and women at risk of domestic violence with self-esteem building and legal support. Shepshed: men aged 40-75 to be given a non-stigmatizing environment to combat loneliness and build skills. All with the ultimate goal of establishing self-sustaining community groups that continue to offer peer support and extend the project's reach and impact.</p>	Blaby and Charnwood
Coalville Can	£108,543.00	<p>Alternative Family Wellbeing Hub</p> <p>To provide an alternative Wellbeing project, incorporating direct and targeted wellbeing support to Parents/Carer's, who have been impacted by varying difficult life events.</p>	North-West Leicestershire
The Carers Centre	£49,050.00	<p>Be Well, Stay Well, Care Well</p> <p>A countywide rolling programme of community outreach followed by six-week Information, Training and Support courses 'Be Well, Stay Well, Care Well' for unpaid carers who are struggling with their mental health and wellbeing due to the pressures and stresses of their caring role.</p>	Countywide

Name of Organisation	Total Amount awarded	Project outline	Areas of Leicestershire where your target beneficiaries/participants/ service users will live
Real Purpose Ltd	£115,000.00	<p>Leicestershire Neighbourhood Employment and Skills Programme</p> <p>To support local residents across the neighbourhoods of the County to find and sustain work and leading to improved social, mental health and economic outcomes for the individuals and their communities</p>	Countywide